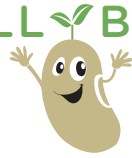


WELL BEAN



COFFEE / HOT CHOCOLATE

Coffee / Americano €2.50 <i>Espresso topped with hot water</i>	Hot Chocolate €3.00 <i>Cadbury's hot chocolate, steamed milk, topped with marshmallows</i>
Flat White €2.70 <i>Americano with steamed velvety flat milk</i>	Dark Hot Chocolate €3.00 <i>Dark chocolate chips stirred into steamed milk and topped with marshmallows</i>
Espresso €2.20	Minty Hot Chocolate €3.50 <i>Mint flavoured dark hot chocolate topped with marshmallows</i>
Espresso Macchiato €2.50 <i>Espresso marked with foamed milk</i>	Mocha €3.00 <i>Shot of espresso in Cadbury's hot chocolate</i>
Cappuccino €3.00 <i>Try it with a sprinkle of chocolate or cinnamon, or both</i>	Honeycomb Mocha Delight €4.50 <i>Shot of espresso in a honeycomb flavoured chocolate, topped with whipped cream and a sprinkle of caramel crunch</i>
Latte €3.00 <i>A shot of espresso with frothy milk</i>	Hot Caramel Chocolate €4.00 <i>Caramel flavoured hot chocolate topped with whipped cream and caramel crunch</i>
Chai Latte €3.00 <i>A frothy luxurious blend of caffeine free tea and exotic spices</i>	Golden Milk €3.50 <i>Turmeric, Pepper, Cinamon, Coconut milk</i>
Dandy Blend Latte €3.00	Extras €0.50 <i>Add cream, flavouring or caramel crunch</i>
Mocha €3.00 <i>A shot of espresso, creamy chocolate, foamed milk, topped with a sprinkle of chocolate</i>	
Extra Shot of Espresso €0.50	
Add a flavour €0.50 <i>Vanilla, mint, caramel, hazelnut, amaretto</i>	

TEA

Traditional Tea / Decaf €2.50 <i>Lyons smooth, original blend (Decaffeinated also available)</i>	Suki Tea €3.00 <i>Lemon Grass and Ginger, White Pear Tea, Earl Grey Blue Flower, Belfast Brew</i>
Creacon's Lavender Tea €3.00 <i>A rich fragrance and delicious taste with many added health benefits</i>	Relaxation Blend €3.00 <i>A soothing blend of chamomile, peppermint and lavender</i>
Creacon's Mint Tea €3.00 <i>A delicate light green deliciously fresh flavoured tea that may help soothe the stomach</i>	Chamomile €3.00
Himalayan Tea €3.00 <i>A rare infusion of tea and flowers from the unique 'Valley of Flowers' in Tibet. A delicate smoky flavour.</i>	Mango Tango €3.00
	Green €3.00
	Roobios €3.00
	Spiced Citrus €3.00
	Dark Cocoa €3.00



SMOOTHIES

Peanut butter, Cocoa, Greek Yogurt, Banana, Cinnamon, Oats.....	€5.50
Banana, Ginger, Greek Yogurt, Honey, Prunes	€5.50
Apple, Carrot, Celery, Pineapple Juice	€5.50
Strawberry, Blueberry, Chia Seeds, Banana, Coconut Milk	€5.50
Walnuts, Almonds, Coconut Milk, Mango	€5.50

JUICES

Freshly Squeezed Orange Juice	€4.50
Carrot, Orange, Ginger	€4.50
Apple, Celery, Mango	€4.50
Cucumber, Apple, Pear	€4.50
Orange, Lemon, Mango	€4.50
Carrot, Celery, Cucumber, Orange ...	€4.50
Cold Pressed Juices.....	€8.00
Vitamin D Booster	€3.00

MANGAJO COLD TEA BEVERAGES

Red Grape and Rooibos Tea	€3.00
Goji-berry and Green Tea	€3.00
Lemon and Green Tea	€3.00
Acai-berry and Green Tea	€3.00

LIGHT SNACKS & SIDE ORDERS

Baked Sweet Potato Chips	€3.50
Crisp Fresh Side Salad with Creacon dressing.....	€3.50
Superfood Salad	€6.50
Garlic Bread	€3.50
Fruit & Natural Yogurt pot	€4.50
Home-Made Fruit Scones	€3.50
Home-Made Biscuits	€0.50
Creacon Protein Balls.....	€1.50