

WELL BEAN



Set Menu Deals

Great option to share as a family or freeze now and enjoy later

Available every day from 12pm to 7pm, pre-order is recommended to avoid long waiting time!!

The Popular Set

€35.00

Slow roasted Confit Duck Leg in a red wine juice



With baby potato cake and Creacon fresh vegetables CY SY MK

Pan roasted Cajun Chicken Fillet



Served with mash potato and seasonal Creacon's vegetables WH

Baked Salmon Fillet in a light Gorgonzola Sauce



Served with potatoes and seasonal Creacon's vegetables FH MK

The Vegan Set

€29.00

Rich Vegetarian Green Thai Curry



Served with fluffy Basmati rice or Naan bread CY SY

Asian style Tomato Spicy Dal



Served with fluffy Basmati rice or Naan bread WH

Creacon Vegetarian Stir-Fry



Served with fluffy Basmati rice or Naan bread

The Vegetarian Set

€29.00

Spicy Red beans Stew



With chopped tomato & fresh coriander, served with fluffy Basmati rice or Naan bread CY SY

Asian style Tomato Spicy Dal



Served with fluffy Basmati rice or Naan bread WH

Nutty Spicy Creacon Vegetarian Stir-Fry



With sweet chilly and tamari sauce, served with fluffy Basmati rice or Naan bread TN PN

Add a bottle of Organic House Wine for €20

ALLERGENS

To Preorder: info@creaconwellnessretreat.com 051 447 666

Please inform staff for allergies or food intolerance

Crustaceans (CS)

Celery (CY)

Eggs (EG)

Fish (FH)

Lupin (LP)

Milk (MK)

Molluscs (MS)

Mustard (MD)

Peanuts (PN)

Tree Nuts (TN)

Sesame (SE)

Soya (SY)

Sulphites (SP)

Wheat (WH)



Vegan



Celiac Friendly



Lactose Free

